



CarePartners

INITIATIVE

The following list of resources is intended as a guide for persons in need of community resources in Sonoma County. Listing here does not constitute an endorsement by CarePartners Initiative. For additional referrals, contact our local Alzheimer's Association chapter at 707-573-1210.

ADVOCACY & GENERAL INFORMATION

- **Alzheimer's Association - North Bay**
phone: 707-573-1210 website: <https://www.alz.org/norcal>
- **Alzheimer's Foundation of America**
phone: 800-232-8484 website: <https://alzfdn.org/>
- **Council on Aging**
phone: 707-525-0143 website: <https://www.ncoa.org/>
- **Elder Resource Alliance of Sonoma Valley**
phone: N.A website: <https://www.elderresourcealliance.net/>
- **HICAP – Senior Advocacy Services (Medicare insurance advocate)**
phone: 707-526-4108 website: <https://cahealthadvocates.org/hicap/>
- **Ombudsman Program, Senior Advocacy Services (SAS)**
phone: 707-526-4108 website: <https://senioradvocacyservices.org/>
- **Petaluma People Services Center**
phone: 707-765-8490 website: <https://petalumapeople.org/>
- **Redwood Caregiver Resource Center**
phone: 800-834-1636 website: <http://www.redwoodcrc.org/>
- **Sonoma County Adult & Aging Division**
phone: 707-565-5900 website: <https://sonomacounty.ca.gov/Human-Services/Adult-and-Aging-Division/>

ADULT DAY CARE

- **Council on Aging**
phone: 707-525-0143 website: <https://www.ncoa.org/>
- **Catholic Charities**
phone: 707-528-8712 website: <https://www.catholiccharitiesusa.org/>
- **Marin Adult Day Health Center (Petaluma area)**
phone: 415-897-6884 website: <https://www.lifelongmedical.org/>

- **Petaluma People Services Center**
phone: 707-765-8490 website: <https://petalumapeople.org/>
- **Primrose Day Club**
phone: 707-578-8360 website: <http://www.primrosealz.com/primrose-day-club/>
- **Skyview Day Club (San Rafael)**
phone: 844-222-3212 website: <https://seniorsathome.jfcs.org/skyviewdayclub/>

CAREGIVER SUPPORT AND COUNSELING

- **Alzheimer's Association**
phone: 707-573-1210 website: <https://www.alz.org/>
- **Council on Aging**
phone: 707-525-0143 website: <https://www.ncoa.org/>
- **Jewish Family & Children's Services – Seniors at Home**
phone: 707-571-8533 website: <https://www.jfcs.org/find-help/seniors/seniors-at-home/>
- **Marin Adult Day Health Center (Petaluma area)**
phone: 415-897-6884 website: <https://www.lifelongmedical.org/>
- **Petaluma People Services Center**
phone: 707-765-8490 website: <https://petalumapeople.org/>
- **Redwood Caregiver Resource Center**
phone: 707-542-0282 website: <http://www.redwoodcrc.org/>

CARE MANAGEMENT

- **Alzheimer's Association**
phone: 707-573-1210 website: <https://www.alz.org/>
- **Council on Aging**
phone: 707-525-0143 website: <https://www.ncoa.org/>
- **Jewish Family & Children's Services – Seniors at Home**
phone: 707-571-8533 website: <https://www.jfcs.org/find-help/seniors/seniors-at-home/>
- **Petaluma People Services Center**
phone: 707-765-8490 website: <https://petalumapeople.org/>
- **Redwood Caregiver Resource Center**
phone: 707-542-0282 website: <http://www.redwoodcrc.org/>
- **West County Community Services (Sebastopol & River area)**
phone: 707-869-0618 website: <https://www.westcountyservices.org/>

CASE MANAGERS

- **Patricia Copas**
phone: 415-308-6025
- **Lynn Cox**
phone: 707-320-3799
- **Laurie White**
phone: 707-525-9633

DIAGNOSIS / ASSESSMENT

- **The Brain Health Center at California Pacific Medical Center**
phone: 415-600-5555 website: <https://www.sutterhealth.org/cpmc/services/alzheimers-brain-health/ray-dolby-brain-health-center-care-navigation-team-cpmc>
- **Kaiser Permanente Geriatric Medicine Clinic**
phone: 707-393-3340 website: <https://thrive.kaiserpermanente.org/care-near-you/northern-california/santarosa/departments/geriatric-medicine/>
- **UC Davis/VA @ Martinez Alzheimer's Center**
phone: 925-372-2485 website: <https://cind.ucsf.edu/uc-davis-alzheimer%E2%80%99s-disease-center>
- **UCSF Memory & Aging Center**
phone: 415-476-6880 website: <https://memory.ucsf.edu/>
- **VA @Stanford Alzheimer's Center**
phone: 650-858-3915 website: <http://med.stanford.edu/svalz.html>

DISEASE PREVENTION

- **AFFIRMATIVhealth RE:mind** – enhancing memory through science & lifestyle
phone: 707-800-2302 website: <https://affirmativhealth.com/>

ELDER CARE ADVISORS

- **Dorothy Guajardo, MA - Petaluma, CA**
phone: 415-308-9828 website: <https://www.seniorly.com/agents/pacific-west/petaluma/a-to-z-gerontology-dorothy-guajardo->

EMERGENCY RESPONSE SERVICES (ENROLLMENT INFORMATION)

- **Life Line**
phone: 800-949-2434 website: <https://www.lifelinesupport.org/>
- **Medic Alert**
phone: 800-432-5378 website: <https://www.medicalert.org/>

- **Medic Alert + Safe Return (Alzheimer's Association)**
phone: 888-572-8566 website: <https://www.alz.org/help-support/caregiving/safety/medicalert-with-24-7-wandering-support>

FIDUCIARY & LEGAL SERVICES

power of attorney, trustee, executor, conservatorship

- **Council on Aging Senior Legal Services**
phone: 707-525-0143 website: <https://www.councilonaging.com/>
- **Jewish Family & Children's Services – Seniors at Home**
phone: 707-571-8533 website: <https://www.jfcs.org/find-help/seniors/seniors-at-home/>
- **Legal Services of No. California/Senior Legal Hotline**
phone: 800-222-1753 website: <https://lsnc.net/slh>
- **Medi-Cal, Department of Social Services**
phone: 877-699-6868 website: <https://www.dhcs.ca.gov/services/medi-cal>
- **Public Guardian**
phone: 707-565-5735 website: <https://www.counties.org/county-office/public-guardian>
- **Redwood Caregiver Resource Center**
phone: 707-542-0282 website: <http://www.redwoodcrc.org/>
- **Social Security Administration**
phone: 800-772-1213 website: <https://www.ssa.gov/>
- **Veterans Service Office – Santa Rosa**
phone: 707-565-5960 website: <http://www.cacvso.org/sonoma-county-office/>

FOOD ASSISTANCE / MEALS

- **CalFresh (California's food stamps (SNAP) program)**
phone: N.A website: <https://www.getcalfresh.org/>
- **Council on Aging – Meals on Wheels**
phone: 707-525-0143 website: <https://www.councilonaging.com/meals-on-wheels>
- **Petaluma People Services Center**
phone: 707-765-8490 website: <https://petalumapeople.org/>
- **Redwood Empire Food Bank**
phone: 707-523-7903 website: <https://getfood.refb.org/>
- **Sonoma Family Meal (COVID-19 Response)**
phone: N.A website: <https://www.sonomafamilymeal.org/>
- **Vintage House (COVID-19 Response)**
phone: 707-485-9346 website: <https://vintagehouse.org/myride/>

HOSPICE

- **Hospice of Petaluma**
phone: 707-778-6242 website: <https://www.stjoesonoma.org/contact-us/locations-and-directions/hospice-of-petaluma/>
- **Hospice by the Bay**
phone: 707-935-7504 website: <https://hospicebythebay.org/>
- **Memorial Hospice**
phone: 707-568-1094 website: <https://www.stjoesonoma.org/contact-us/locations-and-directions/memorial-hospice/>
- **Sutter Care at Home**
phone: 707-535-5700 website: <https://www.sutterhealth.org/services/home-health-hospice>

IN HOME CARE

- **At Home Caregivers**
phone: 707-575-HOME (4663) website: <http://www.athomecaregivers.com>
- **Brookdale Home Health Sonoma**
phone: 707-939-8535 website: <https://www.brookdale.com/en/our-services/health-care-services/home-health/brookdale-home-health-sonoma.html>
- **Healing At Home, a division of HBTB**
phone: 707-935-5294 website: <https://hbtbhomecare.org/locations/>
- **Hired Hands Homecare Inc.**
phone: 707-265-6400 website: <http://www.hiredhandshomecare.com/>
- **Home Care Assistance of Sonoma County**
phone: 707-289-8216 website: <https://homecareassistance.com/sonoma-county>
- **Home Care Prime**
phone: 707-200-3732 website: <https://www.primehomehealth.com/>
- **In Home Support Services (IHSS)**
phone: 707-565-5900 website: <https://www.cdss.ca.gov/in-home-supportive-services>
- **In Home Support Services (IHSS) – Public Authority**
phone: 707-565-5700 website: <https://www.sfhsa.org/services/care-support/home-supportive-services-ihss>
- **Jewish Family & Children’s Services – Seniors at Home**
phone: 707-571-8533 website: <https://www.jfcs.org/find-help/seniors/seniors-at-home/>
- **Springtime Home Care**
phone: 707-931-0160

MEMORY CARE

- **Brookdale - Chanate (Santa Rosa)**
phone: 707-575-7503 website: <https://www.brookdale.com/en/our-services/memory-care.html>
- **Brookdale - Paulin Creek**
phone: 707-575-3722 website: <https://www.brookdale.com/en/our-services/memory-care.html>
- **Clearwater at Sonoma Hills (Rohnert Park)**
phone: 949-333-0241 website: <https://www.clearwaterliving.com/senior-living/ca/rohnert-park/sonoma-hills/>
- **Hill House Residential Care (Kenwood)**
phone: 707-833-1157 website: <http://www.assistedlivingseniorcare.org/residentialcaremovie.html>
- **MuirWoods Memory Care (Petaluma)**
phone: 707-200-4200 website: <https://www.mbkseiorliving.com/senior-living/ca/petaluma/muirwoods-memory-care/>
- **Nazareth Agua Caliente (Sonoma)**
phone: 707-996-6100
- **Oakmont of the Terraces (Santa Rosa)**
phone: 707-703-5062 website: <https://oakmontoftheterraces.com/>
- **Primrose Inc. Santa Rosa**
phone: 707-578-8360 website: <http://www.primrosealz.com/>
- **Sunrise of Petaluma**
phone: 707-776-2885 website: <https://www.sunriseseniorliving.com/communities/sunrise-of-petaluma/about.aspx>
- **Sunrise Villa - Santa Rosa**
phone: 707-538-2590 website: <https://www.sunriseseniorliving.com/communities/sunrise-villa-santa-rosa/about.aspx>
- **Sunrise Villa - Sonoma**
phone: 800-385-2527 website: <https://www.sunriseseniorliving.com/communities/sunrise-villa-sonoma/contact.aspx>
- **The Vineyard at Fountaingrove Memory Care**
phone: 707-544-4909 website: <https://vineyardatfountaingrove.com/>

PROTECTIVE SERVICES

- **Adult Protective Services (APS) in the community**
phone: 800-667-0404 website: <https://www.cdss.ca.gov/adult-protective-services>
- **Ombudsman Program (SAS) for facilities**
phone: 707-526-4108

RESPITE CARE

- **Linkages**
phone: 707-565-5900
- **Marin Adult Day Health Center (Petaluma area)**
phone: 415-897-6884 website: <https://www.lifelongmedical.org/locations/our-locations/adult-day-health-center.html>
- **Redwood Caregiver Resource Center**
phone: 707-542-0282 website: <http://www.redwoodcrc.org>

SENIOR SAFETY

- **At Home With Growing Old(er) (AWHGO)**
phone: 510-771-0116 website: <https://www.athomewithgrowingold.com>
- **Bay Grab Bar**
phone: 707-509-8222 website: <https://www.baygrabbar.com>
- **Dot for Senior Safety**
phone: 916-799-1660 website: <https://www.enutshells.com/dot-for-senior-safety>

TRANSPORTATION

- **Friends in Sonoma Helping (F.I.S.H.)**
phone: 707-996-0111 website: <https://www.friendsinsonomahelping.org/contact.html>
- **Vintage House – myRide**
phone: 707-996-0311 website: <https://vintagehouse.org/myride/>
- **Volunteer Wheels**
phone: 707-573-3377 website: <https://cvnl.org/volunteer-wheels/>
- **Wheelchair Express**
phone: 707-573-3055 website: <http://wheelcareexpress.com/>

If you have other recommendations to add to this list or suggested edits, please email info@carepartnersinitiative.org. Thank you.