



# CarePartners

## INITIATIVE

The following list of resources is intended as a guide for persons in need of community resources in Sonoma County. Listing here does not constitute an endorsement by CarePartners Initiative.

For additional referrals, contact our local Alzheimer's Association chapter at 707-573-1210.

### ADVOCACY & GENERAL INFORMATION

Alzheimer's Association - North Bay

phone: 707-573-1210 website: <https://www.alz.org/norcal>

Alzheimer's Foundation of America

phone: 800-232-8484 website: <https://alzfdn.org/>

Council on Aging

phone: 707-525-0143 website: <https://www.councilonaging.com>

Elder Resource Alliance of Sonoma Valley

phone: N.A website: <https://www.elderresourcealliance.net/>

HICAP – Senior Advocacy Services (Medicare insurance advocate)

phone: 707-526-4108 website: <https://cahealthadvocates.org/hicap/>

Ombudsman Program, Senior Advocacy Services (SAS)

phone: 707-526-4108 website: <https://senioradvocacyservices.org/>

Petaluma People Services Center

phone: 707-765-8490 website: <https://petalumapeople.org/>

Redwood Caregiver Resource Center

phone: 800-834-1636 website: <http://www.redwoodcrc.org/>

Sonoma County Adult & Aging Division

phone: 707-565-5900 website: <https://sonomacounty.ca.gov/Human-Services/Adult-and-Aging-Division/>

### ADULT DAY CARE

Council on Aging

phone: 707-525-0143 website: <https://www.councilonaging.com>

Catholic Charities

phone: 707-528-8712 website: <https://www.catholiccharitiesusa.org/>

Marin Adult Day Health Center (Petaluma area)

phone: 415-897-6884 website: <https://www.lifelongmedical.org/>

Petaluma People Services Center

phone: 707-765-8490 website: <https://petalumapeople.org/>

Primrose Day Club  
phone: 707-578-8360 website: <http://www.primrosealz.com/primrose-day-club/>  
Skyview Day Club (San Rafael)  
phone: 844-222-3212 website: <https://seniorsathome.jfcs.org/skyviewdayclub/>

## CAREGIVER SUPPORT AND COUNSELING

Alzheimer's Association  
phone: 707-573-1210 website: <https://www.alz.org/>  
Council on Aging  
phone: 707-525-0143 website: <https://www.councilonaging.com>  
Jewish Family & Children's Services – Seniors at Home  
phone: 707-571-8533 website: <https://www.jfcs.org/find-help/seniors/seniors-at-home/>  
Marin Adult Day Health Center (Petaluma area)  
phone: 415-897-6884 website: <https://www.lifelongmedical.org/>  
Petaluma People Services Center  
phone: 707-765-8490 website: <https://petalumapeople.org/>  
Redwood Caregiver Resource Center  
phone: 707-542-0282 website: <http://www.redwoodcrc.org/>

## CARE MANAGEMENT

Alzheimer's Association  
phone: 707-573-1210 website: <https://www.alz.org/>  
Council on Aging  
phone: 707-525-0143 website: <https://www.councilonaging.com>  
Jewish Family & Children's Services – Seniors at Home  
phone: 707-571-8533 website: <https://www.jfcs.org/find-help/seniors/seniors-at-home/>  
Petaluma People Services Center  
phone: 707-765-8490 website: <https://petalumapeople.org/>  
Redwood Caregiver Resource Center  
phone: 707-542-0282 website: <http://www.redwoodcrc.org/>  
West County Community Services (Sebastopol & River area)  
phone: 707-869-0618 website: <https://www.westcountyservices.org/>

## CASE MANAGERS

Patricia Copas  
phone: 415-308-6025

Lynn Cox  
phone: 707-320-3799

Laurie White  
phone: 707-525-9633

## DIAGNOSIS / ASSESSMENT

The Brain Health Center at California Pacific Medical Center  
phone: 415-600-5555 website: <https://www.sutterhealth.org/cpmc/services/alzheimers-brain-health/ray-dolby-brain-health-center-care-navigation-team-cpmc>

Kaiser Permanente Geriatric Medicine Clinic  
phone: 707-393-3340 website: <https://thrive.kaiserpermanente.org/care-near-you/northern-california/santarosa/departments/geriatric-medicine/>

UC Davis/VA @ Martinez Alzheimer's Center  
phone: 925-372-2485 website: <https://cind.ucsf.edu/uc-davis-alzheimer%E2%80%99s-disease-center>

UCSF Memory & Aging Center  
phone: 415-476-6880 website: <https://memory.ucsf.edu/>

VA @ Stanford Alzheimer's Center  
phone: 650-858-3915 website: <http://med.stanford.edu/svalz.html>

## DISEASE PREVENTION

AFFIRMATIVhealth RE:mind – enhancing memory through science & lifestyle  
phone: 707-800-2302 website: <https://affirmativhealth.com/>

## ELDER CARE ADVISORS

Dorothy Guajardo, MA - Petaluma, CA  
phone: 415-308-9828 website: <https://www.seniorly.com/agents/pacific-west/petaluma/a-to-z-gerontology-dorothy-guajardo->

## EMERGENCY RESPONSE SERVICES (ENROLLMENT INFORMATION)

Life Line  
phone: 800-949-2434 website: <https://www.lifelinesupport.org/>

Medic Alert  
phone: 800-432-5378 website: <https://www.medicalert.org/>

Medic Alert + Safe Return (Alzheimer's Association)  
phone: 888-572-8566 website: <https://www.alz.org/help-support/caregiving/safety/medicalert->

with-24-7-wandering-support

## **FIDUCIARY & LEGAL SERVICES**

power of attorney, trustee, executor, conservatorship

Council on Aging Senior Legal Services

phone: 707-525-0143 website: <https://www.councilonaging.com/>

Jewish Family & Children's Services – Seniors at Home

phone: 707-571-8533 website: <https://www.jfcs.org/find-help/seniors/seniors-at-home/>

Legal Services of No. California/Senior Legal Hotline

phone: 800-222-1753 website: <https://lsnc.net/slh>

Medi-Cal, Department of Social Services

phone: 877-699-6868 website: <https://www.dhcs.ca.gov/services/medi-cal>

Public Guardian

phone: 707-565-5735 website: <https://www.counties.org/county-office/public-guardian>

Redwood Caregiver Resource Center

phone: 707-542-0282 website: <http://www.redwoodcrc.org/>

Social Security Administration

phone: 800-772-1213 website: <https://www.ssa.gov/>

Veterans Service Office – Santa Rosa

phone: 707-565-5960 website: <http://www.cacvso.org/sonoma-county-office/>

## **FOOD ASSISTANCE / MEALS**

CalFresh (California's food stamps (SNAP) program

phone: N.A website: <https://www.getcalfresh.org/>

Council on Aging – Meals on Wheels

phone: 707-525-0143 website: <https://www.councilonaging.com/meals-on-wheels>

Petaluma People Services Center

phone: 707-765-8490 website: <https://petalumapeople.org/>

Redwood Empire Food Bank

phone: 707-523-7903 website: <https://getfood.refb.org/>

Sonoma Family Meal (COVID-19 Response)

phone: N.A website: <https://www.sonomafamilymeal.org/>

Vintage House (COVID-19 Response)

phone: 707-485-9346 website: <https://vintagehouse.org/myride/>

## HOSPICE

Hospice of Petaluma  
phone: 707-778-6242 website: <https://www.stjoesonoma.org/contact-us/locations-and-directions/hospice-of-petaluma/>

By the Bay Health (formerly Hospice by the Bay)  
phone: 707-935-7504 website: <https://bythebayhealth.org/hospice-care-health-professionals/>

Memorial Hospice  
phone: 707-568-1094 website: <https://www.stjoesonoma.org/contact-us/locations-and-directions/memorial-hospice/>

Sutter Care at Home  
phone: 707-535-5700 website: <https://www.sutterhealth.org/services/home-health-hospice>

## IN HOME CARE

At Home Caregivers  
phone: 707-575-HOME (4663) website: <http://www.athomecaregivers.com>

Brookdale Home Health Sonoma  
phone: 707-939-8535 website: <https://www.brookdale.com/en/referrals/home-care/private-duty.html>

Healing At Home, a division of HBTB  
phone: 707-935-5294 website: <https://hbthomecare.org/locations/>

Hired Hands Homecare Inc.  
phone: 707-265-6400 website: <http://www.hiredhandshomecare.com/>

Home Care Assistance of Sonoma County  
phone: 707-267-2362 website: <https://homecareassistance.com/sonoma-county>

Home Care Prime  
phone: 707-200-3732 website: <https://www.primehomehealth.com/>

In-Home Supportive Services (IHSS)  
phone: 707-565-5900 website: <https://sonomacounty.ca.gov/Human-Services/Adult-and-Aging/In-Home-Supportive-Services/>

Jewish Family & Children's Services – Seniors at Home  
phone: 707-303-1530 website: <https://www.jfcs.org/find-help/seniors/seniors-at-home/>

## MEMORY CARE

Brookdale - Chanate (Santa Rosa)

phone: 707-921-5949 website: <https://www.brookdale.com/en/our-services/memory-care.html>

Brookdale - Paulin Creek (Santa Rosa)

phone: 707-800-3636 website: <https://www.brookdale.com/en/our-services/memory-care.html>

Brookdale – Napa

phone 707-261-3681 website: <https://www.brookdale.com/en/communities/brookdale-napa.html>

Clearwater at Sonoma Hills (Rohnert Park)

phone: 707-200-1173 website: <https://www.clearwaterliving.com/senior-living/ca/rohnert-park/sonoma-hills/>

Cogir on Napa Road (Sonoma)

phone: 707-939-1500 website: <https://www.cogironnaparoadassistedlivingandmemorycare.com/>

Hill House Residential Care (Kenwood)

phone: 707-833-1157 website: <http://www.assistedlivingseniorcare.org/residentialcaremovie.html>

MuirWoods Memory Care (Petaluma)

phone: 707-200-4200 website: <https://www.mbkseniorliving.com/senior-living/ca/petaluma/muirwoods-memory-care/>

Nazareth Agua Caliente (Sonoma)

phone: 707-996-6100

Oakmont of the Terraces (Santa Rosa)

phone: 707-703-5062 website: <https://oakmontoftheterraces.com/>

Primrose Inc. Santa Rosa

phone: 707-578-8360 website: <http://www.primrosealz.com/>

Sunrise of Petaluma

phone: 707-776-2885 website: <https://www.sunriseseniorliving.com/communities/sunrise-of-petaluma/about.aspx>

Sunrise Villa - Santa Rosa

phone: 707-538-2590 website: <https://www.sunriseseniorliving.com/communities/sunrise-villa-santa-rosa/about.aspx>

The Vineyard at Fountaingrove Memory Care

phone: 707-544-4909 website: <https://vineyardatfountaingrove.com/>

## PROTECTIVE SERVICES

Adult Protective Services (APS) in the community

phone: 800-667-0404 website: <https://www.cdss.ca.gov/adult-protective-services>

Ombudsman Program (SAS) for facilities

phone: 707-526-4108

## RESPIRE CARE

Linkages

phone: 707-565-5900

Marin Adult Day Health Center (Petaluma area)

phone: 415-897-6884 website: <https://www.lifelongmedical.org/locations/our-locations/adult-day-health-center.html>

Redwood Caregiver Resource Center

phone: 707-542-0282 website: <http://www.redwoodcrc.org>

## SENIOR SAFETY

At Home With Growing Old(er) (AWHGO)

phone: 510-771-0116 website: <https://www.athomewithgrowingold.com>

Bay Grab Bar

phone: 707-509-8222 website: <https://www.baygrabbar.com>

Dot for Senior Safety

phone: 916-799-1660 website: <https://www.enutshells.com/dot-for-senior-safety>

## TRANSPORTATION

Friends in Sonoma Helping (F.I.S.H.)

phone: 707-996-0111 website: <https://www.friendsinsonomahelping.org/contact.html>

Vintage House – myRide

phone: 707-996-0311 website: <https://vintagehouse.org/myride/>

Volunteer Wheels

phone: 707-573-3377 website: <https://cvnl.org/volunteer-wheels/>

Wheelchair Express

phone: 707-573-3055 website: <http://wheelcareexpress.com/>

If you have other recommendations to add to this list or suggested edits, please email [info@carepartnersinitiative.org](mailto:info@carepartnersinitiative.org). Thank you.